

# Copy for website / newsletter

## **European Life After Stroke Forum (ELASF): 11-12 March 2024**

Stroke survivors, caregivers, healthcare professionals, researchers, advocates – ELASF 2024 is for everyone who has a stake in life after stroke. This event unites people from diverse backgrounds to share insights, discuss the latest research, and explore best practices in the often under-researched journey beyond stroke.

### **Registration Now Open!**

The ELASF 2024 website is live, and you can secure your spot right now. Simply click on the link below to register:

👉 [ELASF 2024 Registration](#) 👈

### **A draft programme is being developed**

While the final program is in the development, here's a sneak peek at some of the topics that will be covered at the event:

1. **What does a 'good' life after stroke look like?**
2. **Reducing your risk of another stroke**
3. **Practical tips to promote mental health**
4. **Specific topics: managing fatigue and visual problems after stroke**

### **Call for Abstracts: Share Your Expertise**

ELASF 2024 is your opportunity to contribute to this research space. We're actively seeking abstracts in two categories:

1. **Scientific Abstracts** - Share your stroke-related research, whether it's ongoing or completed, and connect with fellow attendees.
2. **Services Abstracts** - Have you developed innovative practices in life after stroke? Showcase your experiences and inspire others with your ideas.

**Submission Deadline:** November 2, 2023

Click on the link below to submit your abstract:

👉 [Abstract submission](#) 👈