



ELASF 11-12 March 2024 Programme

Venue

Clayton Hotel, Burlington Road, Dublin

Monday 11 March 2024

09.15 to 09.30	Forum opening – Professor Avril Drummond (Chair)
09.30 to 10.45	Plenary 1 – Building the evidence for support for life after stroke
10.45 to 11.30	Coffee / exhibition / guided tours/ poster talks
11.30 to 12.30	Parallel 1 – A disproportionate burden? Life after stroke in women
	Parallel 2 – Spasticity: To understand what spasticity is and the ways it can be managed
	Parallel 3 – A vision for vision after stroke
	Parallel 4 – No decision about me without me - speaking together with one voice
12.30 to 14.00	Lunch/exhibition
14.00 to 15.15	Plenary 2 - What works in practical terms: examples of a “good life after stroke”
15.15 to 16.00	Coffee / exhibition
16.00 to 17.00	Parallel 5 – Highest scoring abstracts
	Parallel 6 – Spasticity: To understand what spasticity is and the ways it can be managed
	Parallel 7 – A vision for vision after stroke
	Parallel 8 – Mental health post stroke: What can I do?

18.00 to 20.00 Welcome reception



Tuesday 12 March

09.00 to 09.30	Welcome to day two
09.30 to 10.30	Parallel 9 – Secondary stroke prevention - managing blood pressure and the benefits of exercise
	Parallel 10 – Mental health post stroke. What can I do?
	Parallel 11 – A disproportionate burden? Life after stroke in women.
	Parallel 12 – No decision about me without me - speaking with together with one voice
10.30 to 11.15	Coffee/exhibition
11.15 to 12.30	Plenary 3 - A showcase of life after stroke support in Ireland