



# Raising a family after MY stroke



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# Family definition



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noun

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a person's set of relatives

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Group of people living under the  
same roof ( the father, mother and  
children)

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Group of people with common  
ancestry

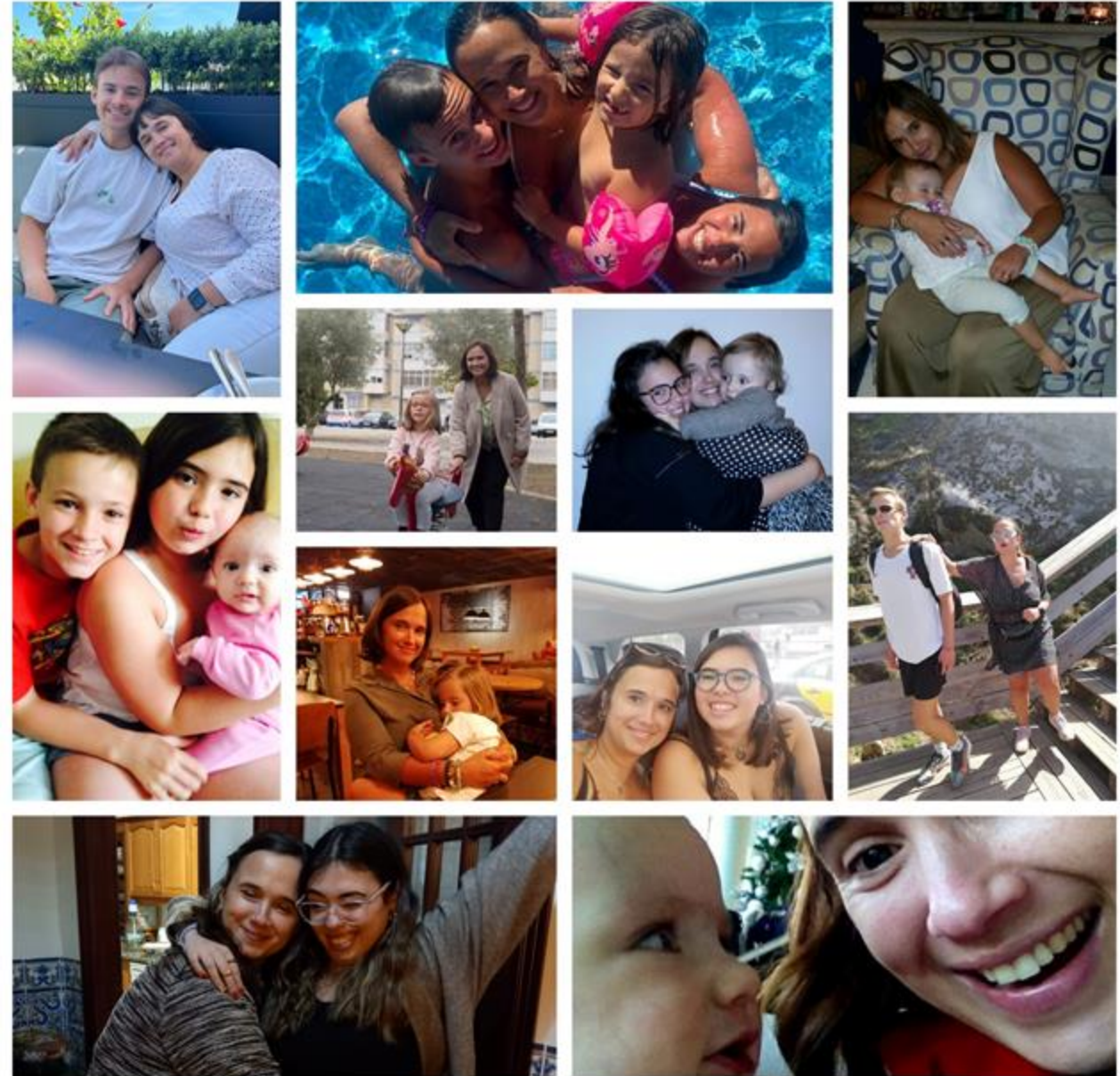
This is my  
family!

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...and these  
are our  
children!



# What it's like to be a woman, a mother and a patient advocate after a stroke



# Enjoy family quality time

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Typically when we think of families, the traditional nuclear and extended family who are biologically related may come to mind. However, a family can be made up of anyone a person considers to be their family.

A family shares emotional bonds, common values, goals and responsibilities.

Family members contribute significantly to the wellbeing of each other





# Thank you very much!

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