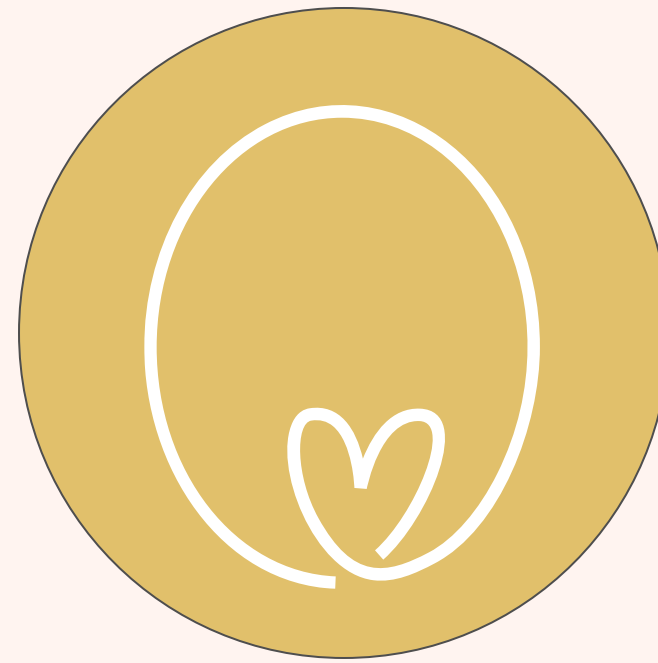
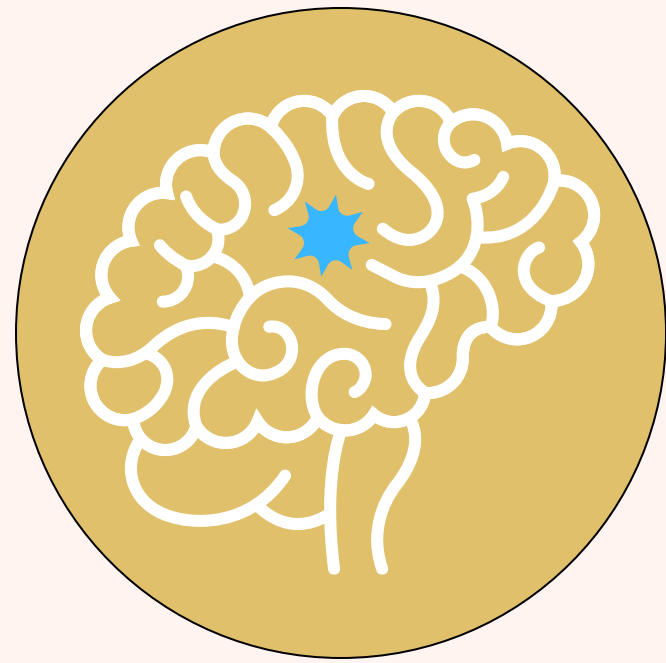




WE CAN CREATE WHO WE ARE MEANT TO BE
HOLISTIC PREVENTION
POST-STROKE

I HAVE NO CONFLICTS OF INTEREST TO DECLARE







CAROTID ARTERY DISSECTION
A TEAR OR SEPARATION IN
THE LAYERS OF THE CAROTID
ARTERY IN YOUR NECK



TIME IS BRAIN

IT TOOK NEARLY 11 HOURS TO
PLACE A STENT IN MY CAROTID
ARTERY



“

The fear was paralyzing.

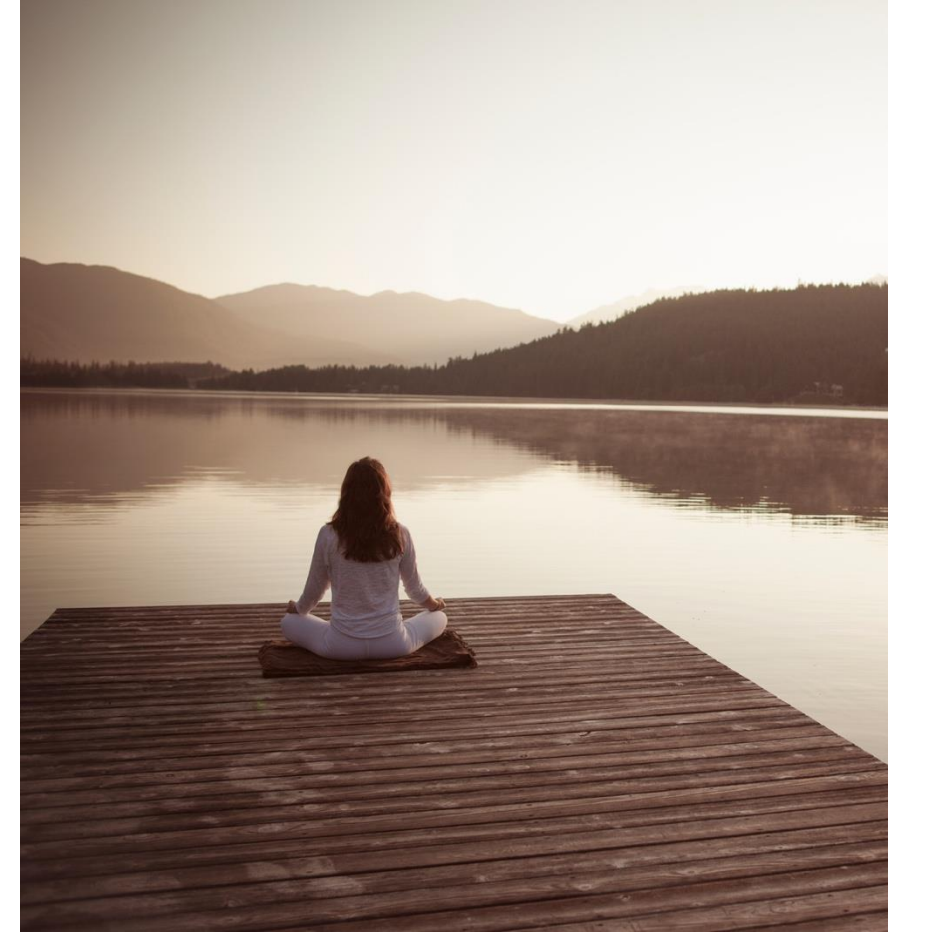


HOW WOULD MY CHILDREN COPE IF SOMETHING HAPPENED TO ME?

As a parent, that was my biggest fear.

WOULD THIS PREVENT ME FROM
HAVING ANOTHER STROKE?





Our journeys are
about the new
strengths and
insights we
discover along the
way.





Stacie Broek

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Intro

On February 20, 2019, I suffered a stroke. As a writer, I want to use my stories not only as therapy for me, but also to support my purpose in life... which is helping others to take their recovery thru finding their passion.

 Page · Author

 stacie@staciebroek.com



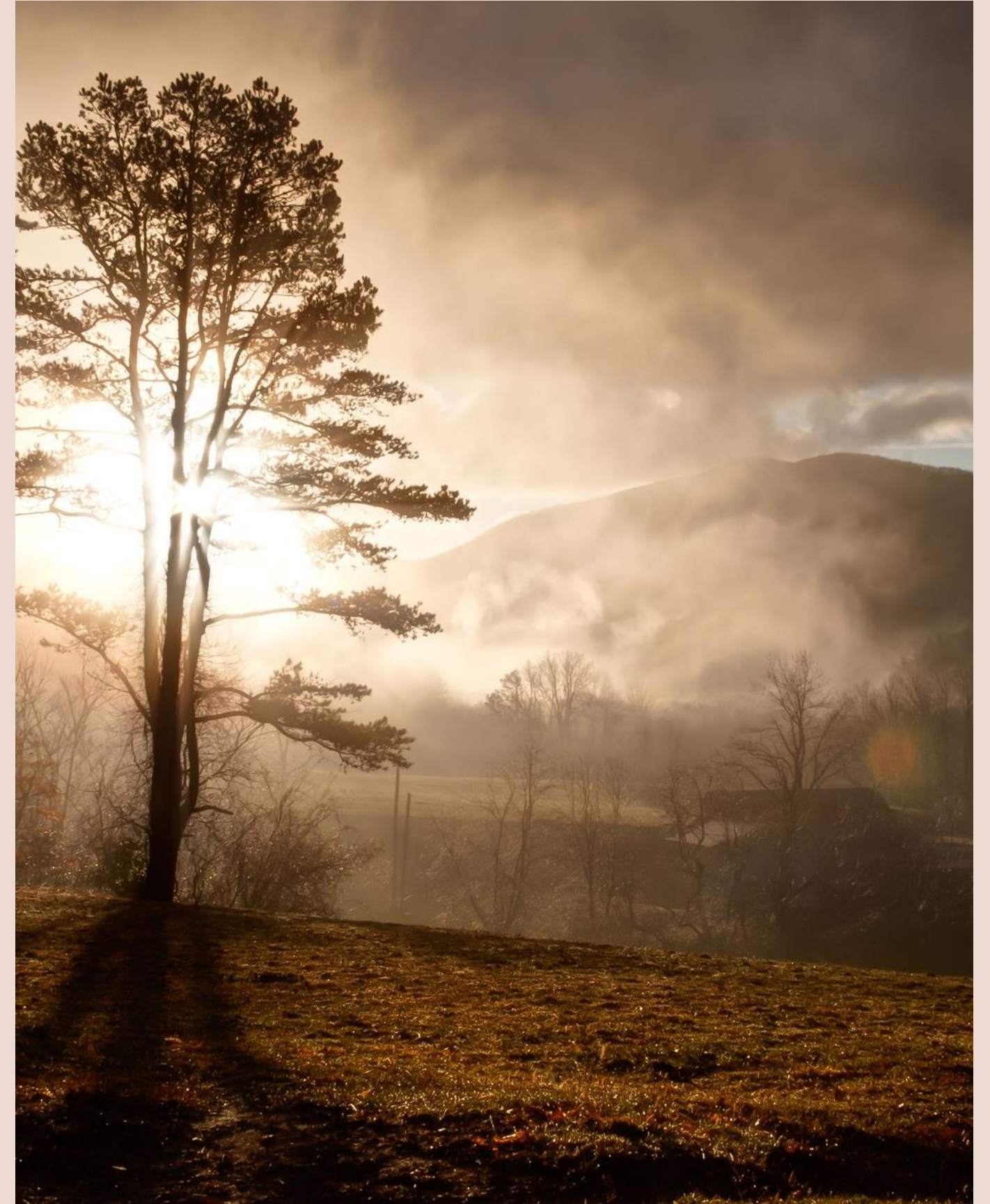
WHEN YOU FOCUS
ON WHAT YOU LOVE, LIFE IS
FAR MORE FUN, FULFILLING AND
PRODUCTIVE

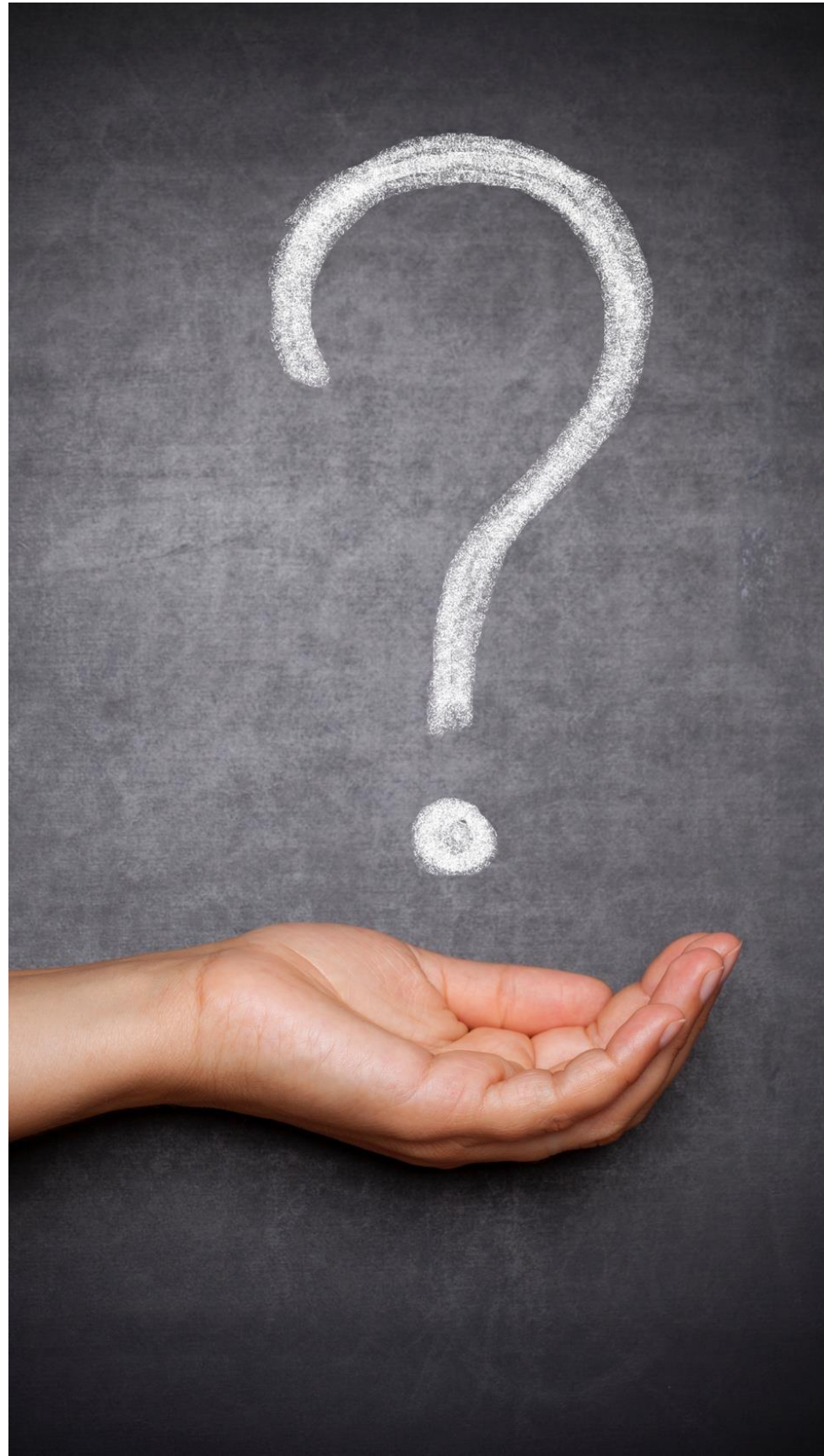


RELENTLESSLY & UNAPOLOGETICALLY

Following your passions is the
greatest tool we have for **living
fully.**

PURPOSE
&
PASSION





ARE WE REALLY SERVING
OURSELVES?

I HAVEN'T MET THE NEW ME YET...



TAYLOR SWIFT

REALLY
WE ALL HAVE A 2.0 IN US!



THANK YOU!

HOLISTIC PREVENTION
POST STROKE