

The power of the changing mindset

Elin Andersson

Person with lived experience
Sweden

Hosted by



#lifeafterstroke

The power of changing mindset

My journey from life 1.0 to life 2.0

*Nothing is impossible, the
impossible just takes a little
longer to learn!*

Elin Andersson
Sweden



Step by step
elinstrokefighter

Link to video shown:

https://youtu.be/IRFVjP_5Ut8

The role of support networks and the impact of shared stories





elinstrokefighter

Redigera profil

Visa arkiv



395 inlägg 41,2 tn följare 349 följer

Elin Andersson

@elinstrokefighter

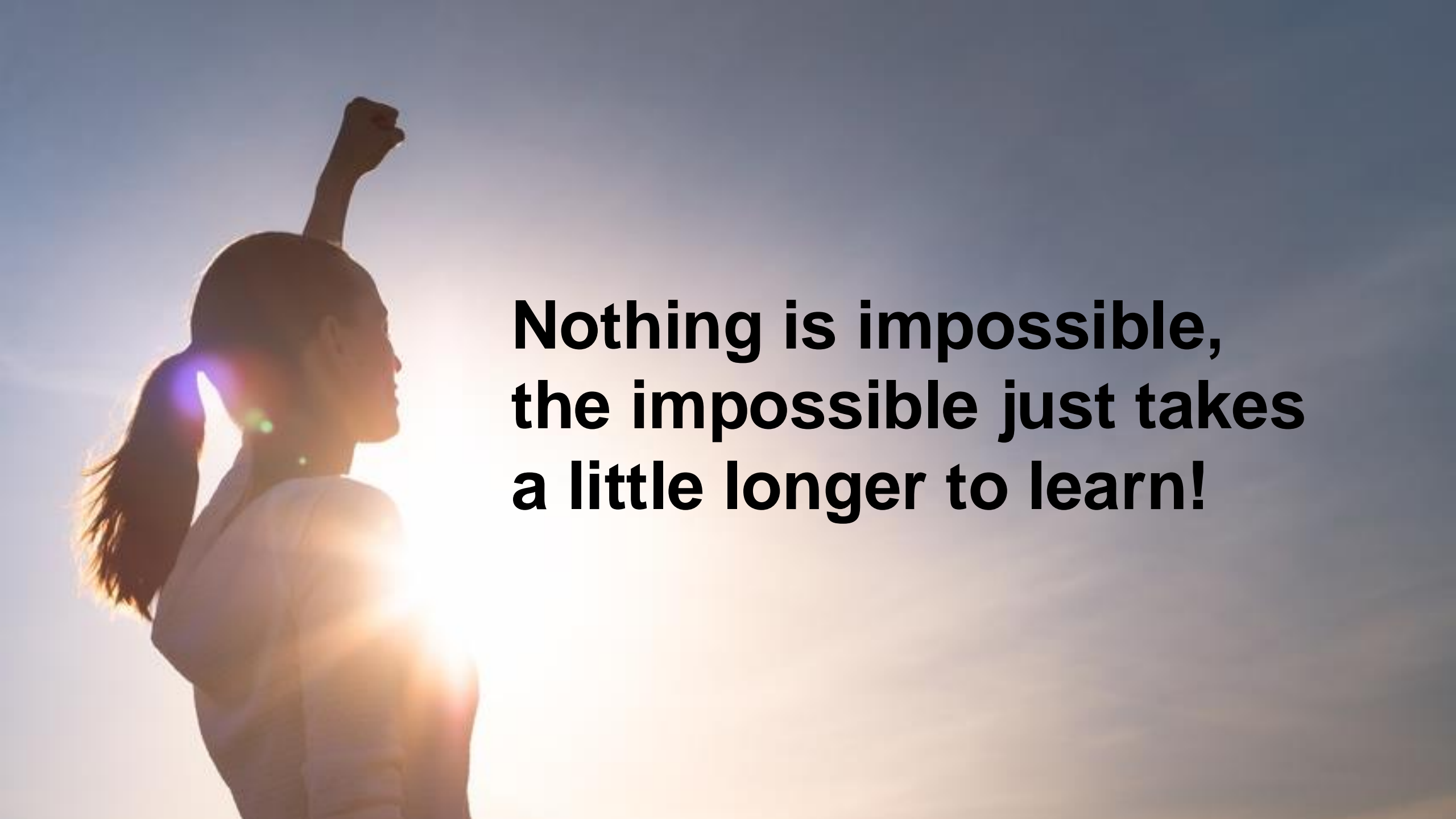
Stroke 2022 - min väg tillbaka till ett aktivt liv
Älskar utmaningar & testa mina gränser
Ambassadör @embreis.ab ortoser
Ambassadör @hjärtstiftelsen
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Well done!!! You look very strong.

Keep working hard and moving forward I am 4 years into my stroke and every day is a struggle but a little bit better 💪😊❤️

I don't think Ms Stroke knew what fight she was getting into when she attacked you.
ELIN THE DEFIANT WARRIOR

You are strong and determined woman. You are amazing!! You need to take each as it comes! Sending hugs and many thanks for inspiration that you give. If you can accomplish and overcome I certainly can overcome the struggles in my life. ❤️

A silhouette of a woman with her hair in a ponytail, standing with her right arm raised in a fist. She is positioned on the left side of the frame, facing right. The background is a bright, hazy sky with a sun low on the horizon, creating a lens flare effect. The overall mood is one of triumph and determination.

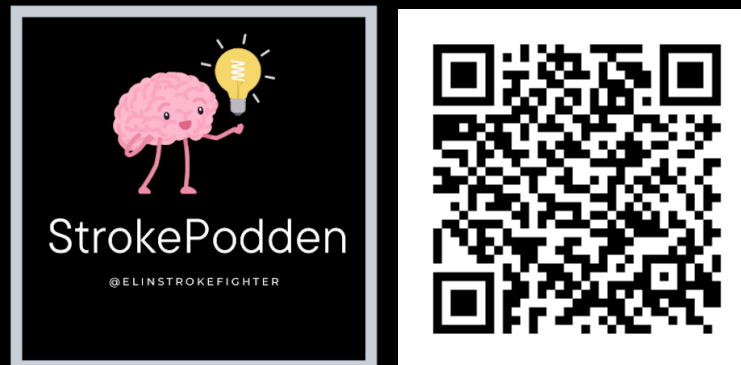
**Nothing is impossible,
the impossible just takes
a little longer to learn!**

elinstrokefighter

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