

# Communication challenges in long-term stroke

## TESTIMONY 1

### Awareness of aphasia and the communication challenges of long-term stroke



**Jernej Sluga**

Person with lived experience of stroke and aphasia,  
Slovenia



**Jelena Bartolović Vučković**

University Hospital Sveti Duh, Croatia

## TESTIMONY 2

### Psychological changes in people with communication difficulties after stroke



**Hanka Mayhew**

Person with lived experience of stroke and aphasia, UK



**Dr Marina Charalambous**

Cyprus University of Technology, Cyprus

## GUIDELINES

### ESO aphasia rehabilitation guidelines



**Professor Katerina Hilari**

City University London, UK

# Survivors' choice

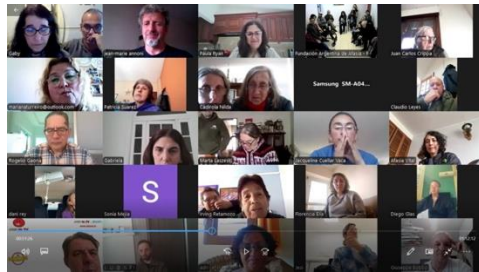
## Roadmap to select topics in communication impairment after stroke

*Jean-Marie Annoni, Fribourg*



# METHODS

1. Zoom meeting between countries
2. Discussion inside each country



## Origin of participants 12 countries

11 countries voted



# Method : 6 zoom meetings + internal discussions



4 favourite topics



International Voting



Discussion inside countries



12 initial Topics

# Most important topics

- **1- Raising awareness of aphasia in society/family:**
- **2- Psychological and intimacy changes in aphasia.**
- 3- Self-confidence as person suffering from aphasia
- 4- Improve need of speech therapy and hospitals knowledge

# For each Topic

- *2 additional meetings : 50 participants*
  1. *Aphasia awareness: AIA Day (Silvia Rubio/AR)*
  2. *Psychological changes : Two experts with aphasia (C Marteel/FR), J Gill/USA)*

# Proposals

1. Propose AIA Aphasia day for political actions
2. Facilitate AIA membership
3. Exchanges experiences on local projects



# International aphasia day October 20<sup>th</sup>

→ AIA participates to **Aphasia Friendly World Campaign**  
To ↑ awareness of aphasia to 80 % through press and social media

SCAN THE QR CODE





THANK YOU

# Questions

1. Was the answer of each country similar to the others ?
2. How was it possible to deal with multiple languages ?
3. Did the participants profit from these discussions ?

# Additional Slide

## Countries who voted

1. Argentina
2. Australia
3. Cyprus
4. Estonia
5. Hungary
6. Italy
7. Mexico
8. Slovenia
9. Switzerland
10. United Kingdom
11. USA (Virginia)

## Discussed Topics

- Aphasia support in hospitals
- Finding a job, and what kind of job
- Finding the energy to disagree
- Government support
- Intimacy and sex life after aphasia
- Positive qualities of people with aphasia
- Psychological changes in aphasia
- Raising awareness of aphasia in society/family
- Self-confidence after aphasia
- Speech therapy methods and results
- Supporting aphasia in hospital
- The power of singing together