

European  
**Life After  
Stroke**  
Forum

**EVENT**

**REPORT**

**Stockholm 9-10 March 2026**

Hosted by

**SAFE**  
STROKE ALLIANCE FOR EUROPE





# Thank you

*Thank you to everyone who joined us in Stockholm for our fourth European Life After Stroke Forum and helped make it such a special event.*

*Our goal was to bring together stroke survivors, caregivers, healthcare professionals, researchers and advocates to tackle the real challenges of life after stroke and we are delighted that Stockholm delivered on that vision. Together, we shared new research, exchanged knowledge and highlighted best practice in an area that deserves far greater attention.*

*What makes our Forum unique is the way it is built around collaboration. The programme was co-designed with medical and allied health professionals, researchers and people affected by stroke. This partnership is at the heart of what we do, because by working together, we can put life after stroke at the centre of European healthcare conversations and help build a future where everyone thrives beyond stroke.*

***We look forward to welcoming you to Krakow next year!***



**Professor Anita Arsovska**  
*Co-chair, European Life After Stroke Forum Scientific Committee*



**Dr Nicola Hancock**  
*Co-chair, European Life After Stroke Forum Scientific Committee*



**Professor Hariklia Proios**  
*President, Stroke Alliance for Europe*

# European Life After Stroke Forum: Stockholm, 9-10 March 2026



## Event overview

- One-and-a-half-day event
- 3 plenaries
- 12 parallel sessions
- 12 topic areas plus highest scoring lived experience, scientific and service development abstracts

## Notable activities

- Our event is centered around people with lived experience: the programme was co-developed by stroke survivors, medical professionals and stroke support organisation representatives. Our speakers and chairs included stroke survivors and carers.
- We continued with our abstract category pilot for people with lived experience. We received 43 abstracts, two gave oral presentations, five were represented as posters and 29 were included in the abstract book.
- 121 posters were submitted, 93 posters were accepted, 70 scientific abstracts and 23 service development abstracts were accepted for the poster exhibition
- Sponsors: (Bayer, Boehringer Ingelheim, Bristol Myers Squibb / Johnson & Johnson, Ipsen, Merck, Merz, NovoNordisk and Philips)
- Endorsers included: Association of Occupational Therapists of Ireland, British and Irish Association of Stroke Physicians, Council for Occupational Therapists for the European Countries, Danish Stroke Society, European Academy of Neurology, European Brain Council, European Federation of Neurological Associations, European Patients Forum, European Stroke Organization, European Society of Physical & Rehabilitation Medicine, The Global Primarycare Cardiovascular Network, Irish Association of Speech and Language Therapies, Swedish Neurological Society, Swedish Society for hypertension, Stroke and Vascular Medicine, World Federation for Neurorehabilitation, World Physiotherapy Europe Region, World Stroke Organization.
- The European Stroke Organisation and The World Stroke Organization had a stand at the exhibition
- We involved the local stroke support organisation, Strokeförbundet, who supported us with volunteers, entertainment at our welcome reception (Linda Rapp and Jonas Oijvall) and a blood pressure monitoring area.
- Stands from local patient organisations: Strokeförbundet
- New for 2027 was the Research Village with exhibition stands with SAFE's EU Research Partners (RES-Q+, Umbrella, TRUSTroke, Validate). RES-Q+ also invited delegates to help them to test their post-discharge patient Application during the event.
- SAFE exhibition area



## Registrations and attendance

- This was our fourth in person event
- In Stockholm, 343 people registered and 328 attended. Delegates included stroke survivors, carers, stroke support representatives, researchers, students, physicians and allied health professionals.
- Prague 2025, 302 attendees
- Dublin 2024, 316 attendees
- Barcelona 2023, 175 attendees
- 35 European countries were represented (44 in 2025, 32 in both 2024 and 2023) with six countries from outside of Europe (six in 2025).
- 100% of attendees said their experience was excellent or good (100% in 2025)
- 84% said they were very likely or likely to attend again (79% in 2025)
- 96% said they would recommend to a friend or colleague (94% in Prague)
- 100% said the quality of speakers was excellent or good (98% in Prague)



Arriving to ELASF2026 at Stockholmsmassan.



*Poster presentation*



*Main plenary room*



# Programme overview

## Monday 9 March

- Open Welcome from the Scientific Committee chairs
- Host country Life after stroke in Sweden
- Plenary 1 Life after stroke - What does it actually mean?
- Parallel 1 Fatigue in life after stroke – Research insights and real-world journeys
- Parallel 2 The same, but different – implementation of an evidence-based approach to supporting self-management across 4 European nations
- Parallel 3 Parallel: Understanding the mind after stroke: How thinking and emotions shape daily life after stroke
- Plenary 2 A good life after stroke – The contribution of the physical environment
- Workshop: From Experience To Expertise: Survivor-led models that strengthen stroke research, policy, treatment and care (by invitation only)
- Parallel 4 Empowering people living with aphasia: sharing learning through community groups
- Parallel 5 Making secondary prevention work – Empowering people beyond hospital walls

## Tuesday 10 March

- Plenary 3 Addressing health inequalities in stroke care across Europe
- Parallel 6 The impact on families of children affected by stroke
- Parallel 7 Is six months post-stroke the end of rehabilitation? Challenging limited thinking to maximise potential
- Parallel 8 Top scoring Lived experience, scientific and service abstracts
- Close Closing remarks from our co-chairs



# Welcome and opening

The co-chairs of the ELASF scientific committee, Professor Anita Arsovska and Associate Professor Nicola Hancock, welcomed delegates who had joined us from all over Europe and beyond.



*The co-chairs of the ELASF scientific committee, Professor Anita Arsovska and Associate Professor Nicola Hancock welcomes delegates.*



# Host country: Life after stroke in Sweden

**Chairs: Professor Bo Norrving, Lund University, Sweden**  
**Associate Professor Carina Persson, University of Gothenburg, Sweden**

This session provided an overview of life after stroke in Sweden.

Associate Professor Carina Persson, University of Gothenburg, Sweden opened the session with an interactive poll, asking two questions:

- What is your primary (professional) role in life after stroke care?
- What is the most important aspect for life after stroke?

Professor Bo Norrving, Lund University, Sweden spoke about [‘The Swedish model of life after stroke care: Organizational success factors’](#)

- Implementing life after stroke treatment and care in Sweden
- Description of the development process and the underlying evidence supporting life after stroke inclusion in national stroke guidelines.

Professor Mia von Euler, Sophiahemmet University and Swedish Stroke Registry (Riksstroke), Sweden spoke about [‘Monitoring LAS in Sweden’](#).

- National and regional working groups on stroke – Coordinating actions developing national stroke pathways and guidance documents for quality life after stroke care disseminated through regional and local working groups
- WEB-SKU: The national digital education platform for stroke care professionals
- Riksstroke: The Swedish Stroke Register – the national quality register

Annelie Heikenborn, a stroke survivor, spoke about ‘Champions or dedicated advocates’.

- The Swedish Stroke Association – The patient’s voice and advocacy
- Collaboration with Riksstroke and NAG stroke, including the patient report, why and how it is used to change policy/healthcare

Helén Palmqvist, a stroke survivor, spoke about ‘Speak to the patient.

Counselling support and regular follow-up questions will accelerate recovery’.

The session was completed with a final interactive question from the chairs: ‘If you could change one thing about stroke care in your country, what would it be?’

# Host country: Life after stroke in Sweden



*Professor Bo Norrving opened the first session about life after stroke in Sweden with a presentation about the organisational success factor in the Swedish model of life after stroke care.*



*Professor Mia von Euler, spoke about how life after stroke is monitored in Sweden. She was joined by stroke survivor Annelie Heikenborn who spoke about 'Champions or dedicated advocates'.*



# Plenary 1: Life after stroke - What does it actually mean?

**Chairs: Professor Frances Horgan, RCSI University of Medicine and Health Sciences, Ireland, Professor Bo Norrving, Lund University, Sweden and Associate Professor Olive Lennon, National Rehabilitation Hospital, Ireland**

This session gave a broad overview of the current situation of life after stroke in Europe.

Clíodhna Ni Bhroin, a stroke survivor from Ireland opened the session with a presentation about [‘Taking back control by degrees - My life after stroke journey’](#)

- A personal reflection on taking back control and getting on with living a personally meaningful life after stroke.
- She described how at a gradual pace she learned how to manage life after stroke and how little human touches let her feel more like who she was before the stroke changed her life and helped her make peace with how her life had changed.

Professor Avril Drummond, Loughborough University, UK updated the audience about [‘The Stroke Action Plan for Europe’s Life After Stroke Pillar’](#).

- A high-level overview of the Stroke Action Plan for Europe and its life after stroke pillar
- The European strategic approach
- Highlighted the need for national level plans requiring joint actions of ministries of health, scientific and stroke support organisations, healthcare professionals and clinical researchers.

Associate Professor Olive Lennon, University College Dublin, Ireland spoke about [‘Life after stroke - what do we mean and how can we support it better?’](#)

- What do we mean by the term life after stroke, when do we consider when people start to get on with everyday life after stroke and what are the active ingredients that help them get there.
- The presentation addressed initial programme theories that were developed by an expert panel and two final mid-level programme theories addressing what works, for whom and in what contexts when striving for a personally meaningful life after stroke.
- The theories are validated following a realist review of the literature and address the adjustments needed, the components of an enabling health system and the need for trial, error and goal readjustments.

# Plenary 1: Life after stroke - What does it actually mean?

Dr Mary O'Neill, RCSI Faculty of Nursing and Midwifery in Ireland shared her presentation '[Working together to co-design a life after stroke support pathway](#)'.

- CLASP (co-designing a life after stroke pathway)
- Addressed a national survey of unmet needs in life after stroke
- Included co-design workshops of a supportive pathway



*Professor Avril Drummond spoke about the revised Stroke Action Plan for Europe's updated chapter on life after stroke.*



*Speakers Professor Frances Horgan, RCSI University of Medicine and Health Sciences, Ireland, Professor Avril Drummond, Loughborough University, UK, Clíodhna Ni Bhroin, a stroke survivor from Ireland and Dr Mary O'Neill, RCSI Faculty of Nursing and Midwifery in Ireland.*

# Parallel 1: Fatigue in life after stroke - Research insights and real-world journeys

Dr Jennifer Crow, Imperial College London, UK and Professor Avril Drummond, Loughborough University, UK

This session focussed on:

- Understand the nature and impact of post-stroke fatigue.
- Explore the implementation of a co-designed community-based fatigue management programme.
- Learn from lived experience by hearing a stroke survivor's story of returning to work while managing fatigue and the consequences for his ongoing recovery.

Speakers:

- Professor Anners Lerdal, University of Oslo, Norway – [‘Recommendations from the International 3rd Stroke Recovery and Rehabilitation Roundtable: A roadmap for research in post-stroke fatigue’](#)
- Professor Avril Drummond, Loughborough University, UK - [‘Co-designing and testing a management programme with peer support for post-stroke fatigue: Nottingham fatigue after stroke study \(NotFAST3\)’](#).
- Vasileios Maligkos, lived experience, UK - [‘Holding on to Progress: Fatigue, work and what really matters after stroke’](#).



*Vasileios Maligkos spoke of his challenges with post-stroke fatigue and how he found balance in his recovery.*

## Parallel 2: The same, but different - implementation of an evidence- based approach to supporting self- management (Bridges) across 4 European nations

Chaired by Professor Fiona Jones, University of London, UK and  
Associate Professor Nicola Hancock, University of East Anglia, UK

This session focussed on:

- Key evidence and principles in relation to self-management support in stroke services
- A comparison of successful self-management support in Estonia, UK, Portugal and Sweden
- The power of using collective expertise to build authentic and effective self-management support which people want and need

Speakers:

- Professor Fiona Jones (as above) - [Key evidence and principles in relation to self-management support in stroke services](#)
- Mari-Liis Ööpik-Loks, Haapsalu Neurological Rehabilitation Centre, Estonia, Erika Klockar, Dalarna University, Sweden and Scott Ballard-Ridley, Bridges Self-Management and stroke survivor, UK - [Same but different: A comparison of successful self-management support in Estonia, UK, Portugal and Sweden](#)
- Professor Fiona Jones (as above), Mari-Liis Ööpik-Loks (as above) and Scott Ballard-Ridley (as above) - [The power of collective expertise](#)



*Parallel 2 covered how self-management is managed in four European nations.*

# Parallel 3: Understanding the mind after stroke - How thinking and emotions shape daily life after stroke

Chaired by Dr Anna Tsiakiri, Democritus University of Thrace, Greece and Dr Dagmar Souckova, Na Homolce Hospital, Czech Republic

This session focussed on:

- How stroke affects the way we think and feel and how this influences everyday life.
- How MRI scans and brain stimulation reveal how the brain is healing and help doctors personalise your recovery.
- Carer perspective - memory problems, emotional struggles and how life really feels after stroke outside the hospital.

Speakers:

- Dr. Anna Tsiakiri, Democritus University of Thrace, Greece - [Thinking, memory and emotions after stroke: What to expect](#)
- Assistant Professor Foteini Christidi, National and Kapodistrian University of Athens, Greece and Dr Sofia Kitmeridou, University Hospital of Alexandroupolis, Greece - [Brain tools that guide your recovery: Scans and stimulation](#)
- Dimitra Fotoudi, Carer, Greece - [Real stories: Living with brain changes after stroke](#)



*Assistant Professor Foteini Christidi, National and Kapodistrian University of Athens, Greece spoke about brain tools that can support recovery after stroke.*



# Plenary 2: A good life after stroke - The contribution of the physical environment

Chaired by Professor Marie Elf, Dalarna University, Sweden and Professor Fiona Jones, University of London, UK

The environment in which people live their everyday lives post-stroke, homes, neighborhoods, public spaces is often missing in rehabilitation frameworks. This session addressed that gap.

Professor Marie Elf, Dalarna University, Sweden and Associate Professor Maya Kylén, Kristianstad and Lund University, Sweden spoke about '[Stroke, environment and participation: Why place matters](#)':

- Presented findings from recent research on how rehabilitation often fails to address the physical environment in ways that support agency, autonomy, and meaningful participation

Martian Slagter, University of Groningen, Holland shared her presentation: [Place Mapping: A Participatory Tool to Explore Meaningful Environments Post-Stroke](#)

- Introduced place mapping as a method to identify places of significance for stroke survivors and how this can inform more inclusive rehabilitation planning.

Grethe Lunde, Stroke Survivor, Norway discussed the importance of environment with Assistant Professor Tony Svensson, Dalarna University, Sweden: If you can't use the environment, Is It recovery?

- A conversation that explored the practical gap in stroke rehabilitation, how intensive training may increase capacity, but what happens when everyday environments limits participation.



*Grethe Lunde (lived experience) and Assistant Professor Tony Svensson (urban planning), discussed how environment planning affects stroke survivor's ability to recover.*

# Workshop: From experience to expertise: Survivor-led models that strengthen stroke research, policy, treatment and care

Chaired by Stacie Broek, public advocate and person with lived experience, Switzerland and Christina Franzisket, German Stroke Foundation, Germany

This workshop brought together people affected by stroke, medical and allied health professionals and researchers from across Europe to share ideas and experiences on survivor-led models to strengthen stroke research, policy, treatment and care.

Workshop explored:

- How stroke survivors can help make decisions, not just give feedback
- How stroke survivors can be involved from the start, not added later
- How this can work in everyday services and programmes

They focussed on defining:

- Clear roles
- Shared decision-making
- Support needed to make this work well

The workshop was facilitated by: Sarah Belson, Stroke Association, UK, Dr Jennifer Crow, Imperial College London, UK, Professor Marie Elf, Dalarna University, Sweden, Grethe Lunde, Stroke Survivor, Norway, Dr Francesca Pezzella, San Camillo Forlanini Hospital, Italy, Paul Quinn, stroke survivor and patient advocate, UK, Diana Wong Ramos, stroke survivor, Portugal and Associate Professor Melinda B. Roaldsen, MD and stroke expert with lived experience, Arctic University of Norway, Norway.



*ELASF delegates discussed how lived experience can support decision-making about their care and support.*

# Parallel 4: Empowering people living with aphasia: sharing learning through community groups

Chaired by Hysse Forchammer, Danish Stroke Association, Denmark and Sabine Renner Christiansen, Stroke survivor

This session presented current international experiences with developing and running community aphasia groups. Having aphasia after a stroke often means that social relationships as they used to be are challenges due to the difficulties of communicating. Research shows, that people with aphasia values meeting other people with aphasia to share life with peers and practice communication in a safe environment.

## Speakers

- Associate Professor Helen Kelly, University College Cork, Ireland: [‘Online aphasia café: A springboard for creating stroke survivor-led aphasia communities’](#)
- Dr Marina Charalambous, Cyprus University of Technology, Cyprus: [‘The aphasia communication team \(TACT\) – A supportive, motivational, practical and educational community for people with aphasia’](#)
- Sabine Renner Christiansen, stroke survivor, Denmark and Associate Professor Jytte Isaksen, University of Southern Denmark, Odense, Denmark: ‘Online aphasia groups for people with aphasia – from a temporary Covid-19 initiative to a sustainable community’
- Professor Sabine Corsten, Catholic University of Applied Sciences, Germany: [‘Peer-to-peer support: digital networking to improve participation and quality of life in people with aphasia’](#)



*The session explored international experiences of running community aphasia groups.*

# Parallel 5: Making secondary prevention work - Empowering people beyond hospital walls

Chaired by Associate Professor Olive Lennon, National Rehabilitation Hospital, Ireland and Professor Anita Arsovska, University Ss Cyril and Methodius, North Macedonia

Many people living with stroke are discharged from acute care without consistent access to structured, long-term secondary prevention. As a result, preventable recurrent strokes continue to occur, often with more severe outcomes. This session explored how people living with stroke, clinicians, and support organisations can collaborate to ensure secondary prevention becomes a sustainable, equitable part of life after stroke.

## Speakers

- Janeil Bennett, PhD Student, UK: [‘Risk factors and secondary prevention in younger people with stroke- are we asking the right questions?’](#)
- Inigo Uriarte, stroke survivor and educator, Spain: [‘Living with stroke: what does prevention really look and feel like after discharge?’](#)
- Simone Ryan, University of Limerick: [‘Working collaboratively with a Stroke Support Organisation to implement a co-designed, evidence-based stroke secondary prevention intervention’](#)



*Simone Ryan, from the School of Allied Health spoke about how a Stroke Support Organisation implemented a co-designed, evidence-based stroke secondary prevention intervention.*



# Plenary 3: Addressing health inequalities in stroke care across Europe

Chaired by Dr Dagmar Součková, Na Homolce Hospital, Czech Republic and Dr Jo White, UWE Bristol, UK

This session examined the avoidable, unfair and systemic differences in stroke outcomes across different groups and countries in Europe, highlighting that factors such as socioeconomic status, geography and ethnicity all shape an individual's risk, access to care and life after stroke.

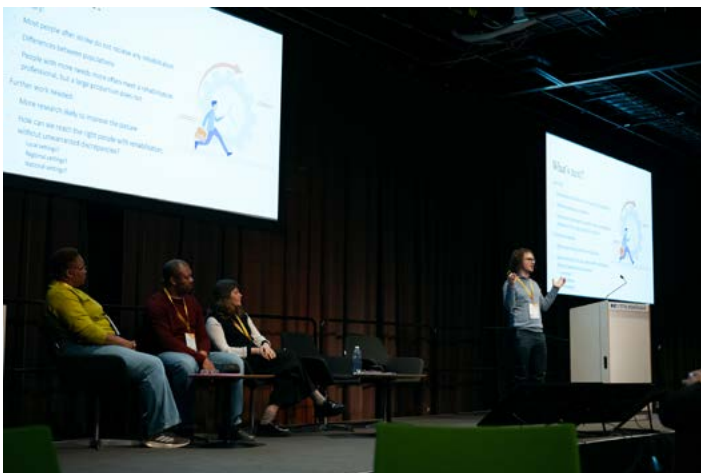
It brought together academic, clinical and lived experience perspectives, with speakers exploring the nature and scale of these inequalities across the full stroke pathway and practical recommendations for how they can and must be urgently addressed.

Martin Ringsten, Lund University, Sweden spoke about [‘Who gets stroke rehabilitation? Utilization, access and decision-making’](#):

- Change and differences in utilization of rehabilitation after stroke – Who is reached and incorporation within decision making

Dr Jo White, UWE Bristol, UK spoke about [‘The inclusivity in stroke self-management support project to improve self - management by Black African and Afro-Caribbean communities living with stroke in England’](#). She was joined by Akaaba Emmanuel Okino, a Stroke survivor, and his wife Sarah Okino, who talked about their lived experience in stroke recovery in the UK: ‘The importance of co-designing resources to improve self-management by Black African and Afro-Caribbean communities living with stroke’.

Dr Francesca Pezzella, from San Camillo Forlanini Hospital, Italy spoke about ‘A pathway to addressing health inequalities in Kyrgyzstan’.



*Martin Ringsten from Lund University spoke about who gets stroke rehabilitation in Europe.*



*Dr Jo White, UWE Bristol, UK.*



*Akaaba Emmanuel Okino, a Stroke survivor, and his wife Sarah Okino, who talked about their lived experience in stroke recovery in the UK.*

# Parallel 6: The impact on families of children affected by stroke

Chaired by Katherine Staley, Stroke Association, UK and Abi Bisset Stroke Association, UK

Childhood stroke in Europe, although rare in comparison to stroke in adulthood, poses significant health and support challenges with the impact for both children and families potentially lasting a lifetime. This session brought attention to the specific challenges faced by families and demonstrated the support which can make a real difference to lives.

Speakers:

- Nancy McStravick (carer) and Emily McStravick (stroke survivor), UK: ['My childhood stroke – lived experience: Story of a family whose child was affected by stroke, from a young adult and parent perspective including what helped them on their recovery journey'](#)
- Professor Maja Steinlin, University Hospital of Bern, Switzerland: ['Clinical perspective of childhood stroke: Presentation of data on the neuropsychological impact of childhood stroke, including the unique challenges faced by families and children'](#)
- Michael Karantonis, German Stroke Foundation, Germany: ['Better together: A co-creating journey developing patient information and a community platform'](#)



*Michael Karantonis from the German Stroke Foundation spoke about the co-creation of patient information and a community platform.*

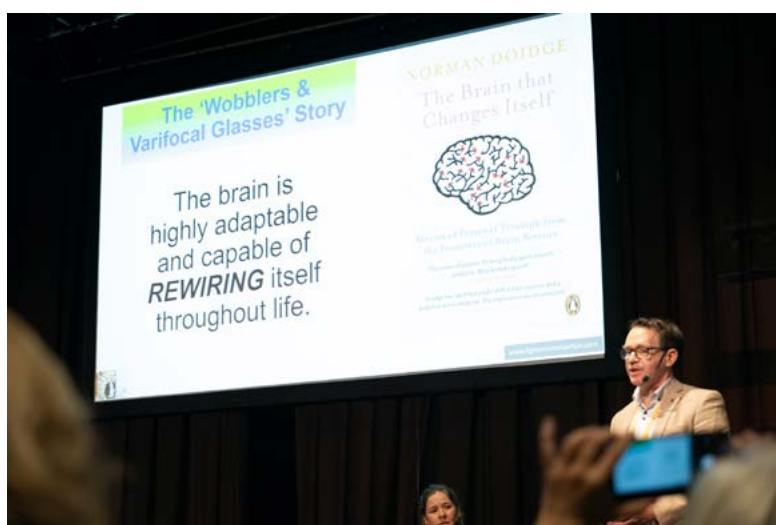
# Parallel 7: Is six months post-stroke the end of rehabilitation? Challenging limited thinking to maximise potential

Chaired by Stacie Broek, public advocate, person with lived experience, Switzerland and Dr Jennifer Crow, Imperial College London, UK

This session challenged us to think beyond simply keeping people alive after stroke, and instead focus on helping them live well. Speakers explored what good long-term care and support looks like in practice, from harnessing the brain's ability to recover and adapt, to the impact of intensive rehabilitation on quality of life, even years after a stroke.

Speakers:

- Associate Professor Melinda B. Roaldsen, MD and stroke expert with lived experience, Arctic University of Norway, Norway: [‘Is six months post-stroke the end? Challenging limits to maximise neurological potential beyond this’](#)
- Dr Kenneth Monaghan, ATU Sligo and Neuroplasticity Research Group, Ireland: [‘Optimising physical recovery when back at home’](#)
- Amanda Strawson, UCL, UK: [‘Investigating changes in quality of life after high-dose, high intensity upper limb rehabilitation in people later after stroke’](#)



*Dr Kenneth Monaghan of ATU Sligo and Neuroplasticity Research Group, Ireland spoke about Optimising physical recovery when back at home.*

# Parallel 8: Top scoring lived experience, scientific and service abstracts

Chaired by Dr Marina Charalambous, Cyprus University of Technology, Cyprus and Diana Wong Ramos, stroke survivor, Portugal

The highest scoring lived experience, scientific and service development abstracts were presented in this session.

## Lived experience

- Margaret Cheng, UK: [‘Falling off a cliff - How getting involved helped the climb back to a full life!’](#)
- Richard Djan-Krofa, UK: [‘Finding my voice again - Turning silence into strength’](#)

## Scientific

- Associate Professor Stephen Ashford, Northwick Park Hospital, UK: [‘Effectiveness of abobotulinumtoxin A in stroke survivors with lower limb spasticity’](#)
- Emine Kocabas, University Health Network and Krembil Brain Institute, Canada: [‘From voices to action: A women-centred toolkit for parenting after stroke’](#)

## Service development

- Kate Yearsley, Stroke Association, UK: [‘Safe and inclusive patient involvement: Embedding lived experience in health policy and advocacy’](#)
- Joanna Stevens, National Stroke Nursing Forum, UK: [‘Sex and intimacy after stroke: developing an education package for healthcare staff’](#)



*The top-scoring abstract speakers receive their certificates following their presentations.*

*From left: Session co-chair Diana Wong Ramos, Joanna Stevens, Kate Yearsley, Emine Kocabas, Dr Stephen Ashford, Margaret Cheng, Richard Djan-Krofa and session co-chair Dr Marina Charalambous.*

# People's choice: Best poster



*Nenad Nikolic et al won People's Choice Poster award for their poster 'Partners in prevention': A consensus-based strategy to improve secondary stroke prevention care'. The poster looked at why strokes can happen again even when people are receiving treatment to prevent them, and what can be done about it. Drawing on the views of a wide range of experts, it set out practical steps that the stroke community can take to improve how recurrent stroke is prevented, managed and supported.*

# Evening reception 9 March

The evening reception provided an opportunity for delegates to network, review the posters on display.

SAFE President Harriet Proios welcomed everyone and introduced our special guests, singer Linda Rapp and Jonas Öijvall.



*SAFE President Harriet Proios welcomed delegates to the evening reception.*



*Duo Linda Rapp and Jonas Öijvall performed at the evening reception.*



*Delegates were networking and dancing to the evening entertainment.*



*SAFE President Harriet Proios welcomed delegates to the evening reception.*

*Duo Linda Rapp and Jonas Öijvall performed at the evening reception.*

*Delegates were networking and dancing to the evening entertainment.*



# The SAFE and Seren Teams

The European Life After Stroke Forum is organised by SAFE with support from Seren Events (PCO).



*The SAFE team from left: Arlene Wilkie (Director General), Anna Scott (Communications and Engagement Manager) and Sandra Jackson (Secretariat).*



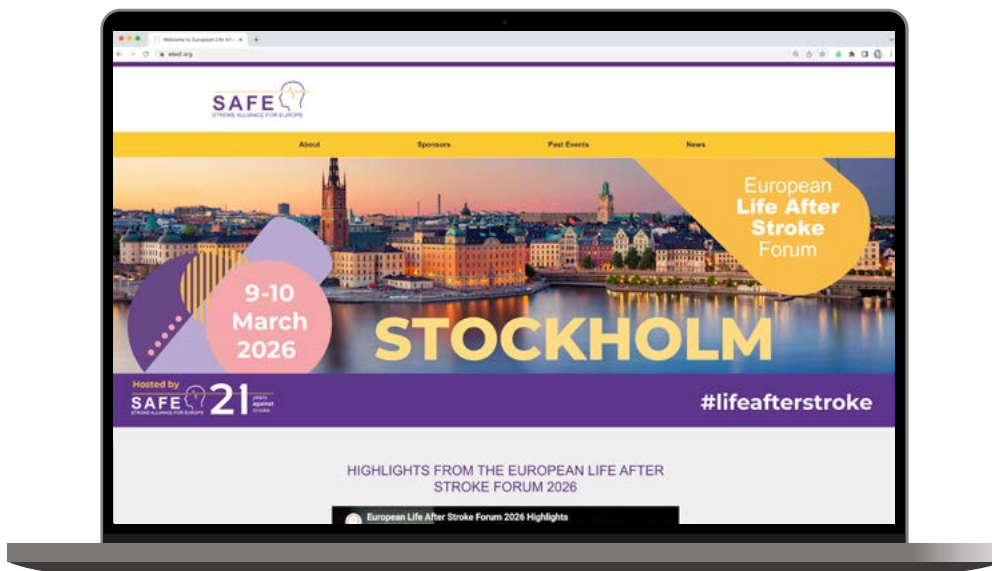
*The Seren Events team from left: Bonnie Jamieson, Taliana Rontard, Peter Fewkes and Harley Algieri.*

# Resources



All assets from ELASF2026 are available to view or download on our website including:

- [Event slides](#)
- [Programme](#)
- [Abstract Book: Scientific and Service Development](#)
- [Abstract Book: Lived Experience](#)
- [Lived experience posters](#)
- [Event video](#)



# Thank you to our sponsors



# Thank you to our endorsers



# Thank you to our endorsers - continued



Organisation for Psychological Research into Stroke



# Social media quotes



*"I came away feeling really proud of the people I work with. It was such a thoughtful and energising conference, with so much emphasis on what really matter after stroke: lived experience, psychological adjustment, co-design, participation and how we build better support beyond the acute phase."*

*"On behalf of myself and my colleagues thanks for organising such a wonderful conference, Lovely country, great venue, full programme of interesting speakers. Everything was flawless, as expected!"*

*"One of the (many) brilliant things about this conference is the absolute commitment to people with lived experience as equal research partners in every aspect of stroke care, education and research."*

*"What a brilliant event across two days. I've listened and met some awe-inspiring stroke survivors, doctors, clinicians and therapists. I've learnt there are some things being done which are great but there is a lot more to do and a lot more that can be done."*

*Congratulations again on such a superb ELASF meeting. The feedback from everyone that I spoke to was of the highest order, and I can only agree – it was a very impactful meeting, and the whole operation was extremely smoothly organised. Well done!*

**See you in 2027!**



European Life After Stroke Forum

8-9 March 2027

**See you in KRAKÓW**

Hosted by **SAFE**  
STROKE ALLIANCE FOR EUROPE

#lifeafterstroke

A promotional banner for the European Life After Stroke Forum. The top half features a scenic view of Krakow, Poland, with the Wawel Castle on a hill overlooking the Vistula River. The bottom half is a solid purple bar containing the event details and logos. The text "See you in KRAKÓW" is prominently displayed in white and yellow. The SAFE logo (Stroke Alliance for Europe) is on the left, and the hashtag #lifeafterstroke is on the right.